

# All-around support

### 24-Hour Nurse Line\*

## Get the health information and care you need

#### Talk to a registered nurse anytime

With the 24-Hour Nurse Line, you can speak to a registered nurse about a variety of health issues — whenever you need to. Plus:

- · It's toll-free
- You can call as many times as you need at no extra cost
- Your covered family members can use it, too

#### Save time, money and a trip to the ER

The 24-Hour Nurse Line can provide valuable information and help you avoid a trip to the emergency room (ER). And that can be a real time *and* money-saver.

Plus, you'll be able to make smarter health decisions because you'll have trusted information — right at your fingertips.



Connect with trusted health information right here.

\*While only your doctor can diagnose, prescribe or give medical advice, the 24-Hour Nurse Line nurses can provide information on a variety of health topics. Contact your doctor first with any questions or concerns regarding your health care needs.



#### More reasons to use the 24-Hour Nurse Line

You can:

- Get information on a wide range of health and wellness topics
- · Find out more about a medical test or procedure
- · Get help preparing for a doctor visit
- Receive emails with links to videos that relate to your question or topic

#### Find health information online, too

Prefer to go online for information? Check out the 24-Hour Nurse Line page on your member website.

There, you can:

- · Send us an email
- · Use our symptom checker
- Learn about treatment options and health risks
- · Research a medicine, and more

#### Easy steps to connect with a nurse

- Go to Aetna.com and log in or register.
- · Select "Support," then "Contact Us."
- Go to "Send Message," then choose "A health condition" under "Topic."
- · Choose "Request information about a health condition."
- · Add your message and send.

## Members like you get the information they need

We asked our members what they liked about the 24-Hour Nurse Line.\* Here's what they said:

- 93% felt it helped them better manage their health
- 96% said this program was an important part of their health plan benefits

Get health information — when and where you need it. Call 1-800-556-1555 (TTY: 711)\*\* or go to Aetna.com to log in.

#### THIS IS NOT INSURANCE. THIS IS A PROGRAM AVAILABLE WITH THE MEDICAL PLAN.

\*24-Hour Nurse Line Member Satisfaction Survey. October 2020.

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This material is for information only. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Health benefits and health insurance plans contain exclusions and limitations. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. Refer to **Aetna.com** for more information about Aetna® plans.

This service may not be available to residents of Puerto Rico.



<sup>\*\*</sup>Ask the relay operator to dial 1-800-556-1555 (TTY: 711) and select the option to speak to a nurse.