

# Let's Move!

## NAFCS Student Wellness Challenge

Participating NAFCS PE classes K-12th grade will conduct a Wellness Challenge during PE classes April 12-16 with fun prizes

### Healthy Bodies=Healthy Brains AND Prizes from...

Pacers and Racers

Holiday World

River Run Family Water

Park

Kentucky Kingdom



NORTON Children's

Prevention & Wellness



Floyd Memorial Foundation

All students may submit a prize drawing entry once per day by doing at least 10 minutes of physical activity. Go to <https://forms.gle/jsiKysocp863N3v38> using the student's school email address April 12-16.



Winning PE classes will receive a FREE Kona Ice party.