COVID-19 PLAN
FOR REOPENING OF SCHOOL
2020-2021

New Albany-Floyd County Consolidated School Corporation (NAFCS) will respond to changes related to COVID-19 as appropriate. NAFCS administration in consultation with Floyd County Health Department and legal counsel reserves full discretion to unilaterally add, modify, delete or otherwise change any provisions of this manual or procedures on which they may be based, at any time without advance notice or other consideration due to the COVID-19 pandemic.
Introduction

We are excited to announce the plan for opening school for the 2020-2021 school year.

We will be opening our school buildings for the 2020-2021 school year, with families having the choice to participate in virtual options instead of in-person classes. The first day of school is July 29 for both options.

Things will be different this year than in years past. In this document, we outline all of our changes, from our cleaning procedures to prevention measures and more.

This plan was developed with the latest guidance from the Centers for Disease Control (CDC), IN-CLASS document from the Indiana Department of Education (IDOE) and the Floyd County Health Department. However, with new information continually being learned about COVID-19, things may change after publication. Any future changes will be announced on our website (nafcs.org) and on our social media platforms. Changes will be noted in the change log at the end of this document.

We would like to thank all who helped develop this document. Floyd County Health Officer Dr. Tom Harris provided strong direction and guidance based on medical research as well as best practices. The New Albany-Floyd County Education Association and the New Albany-Floyd County Bus Driver Association through discussions have both been engaging, supportive and committed to ensuring the safety of everyone is a high priority. The NAFCs Board of Trustees was integral in creating this document, providing additional perspectives, asking thoughtful questions, and making sure everything was considered and well-planned. Lastly, we would like to thank Dr. Jennifer McCormick, State Superintendent of Schools, who provided our state with a high-quality roadmap, designed to help all Indiana schools address areas which require improved public health safety measures.

We look forward to a very productive school year.

Sincerely,

Dr. Brad Snyder, Superintendent
New Albany Floyd County Consolidated School Corporation
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Guiding Standards

There are Five Standards that will guide all planning, decision making, and action for New Albany Floyd County Schools.

1. We will communicate and be transparent.

2. Decisions will be made in an equitable manner. We will make decisions based on what is best for all that we serve – students, parents, and staff.

3. The most important thing that we can do is LISTEN. We will listen to health officials, School Board, Indiana Department of Education (IDOE), families, staff, and our community.

4. All decisions must be made with SAFETY as the priority.

5. Because of the ever-changing environment, we must make timely decisions, which will be communicated as soon as possible to the community.
Continuous Learning Experience for K-12

The first student day of the 2020-2021 school year will be on Wednesday, July 29th. In an effort to give families as much flexibility as possible, parents will be able to choose between a traditional schedule onsite or a virtual learning experience.

Traditional Learning Experience:
The school year will start with the traditional learning experience that NAFCS has offered in the past. Steps have been taken to ensure that students and staff will be prepared to attend school in a safe and healthy environment. We will provide all students in grades K – 12 with an electronic device (iPad or Chromebook) to assist in the learning experience. In the event that closing school(s) is necessary due to COVID-19, we will provide continuous learning through a Digital Synchronous Learning (“DSL”) experience. Unlike last spring, students will be attending school on the same bell schedule as if they were attending school in the physical setting. There will be no days off during the week, and students will be expected to log-on and attend each course/class level for which they are enrolled, during those eLearning days.

Digital Synchronous (Virtual) Learning Experience:
For families not wanting the traditional school setting, NAFCS will offer students a DSL (virtual) option for the upcoming 2020-2021 school year. Each DSL (virtual) student will receive an electronic device. It is important to note that internet access must be accessible during the school day for this DSL (virtual) experience. This is not something NAFCS will be providing to digital synchronous virtual learners. Students attending DSL (virtual) school will be on the same bell schedule as if they were attending school in the physical setting. There will be no days off during the week, and students will be expected to log on and attend each class as if they were onsite. If a student is under quarantine, exhibits symptoms, or is generally medically fragile, etc., and do not have internet access, the district will work individually with those families to provide a non-traditional learning option.

The K-6 Digital Synchronous (Virtual) Learning Experience will provide students with an online learning opportunity while at home. Instruction will be facilitated online by a content-certified teacher assigned to that specific grade level using the Google Classroom or our Learning Management System (LMS).

A typical student day would consist of instruction in English and math in 90-minute blocks as well as instruction in science and social studies. In addition, students will receive instruction in the specialty areas of art, music, social-emotional learning and/or physical education.

Parents will be able to communicate with the virtual class teacher via email, phone calls and schedule meetings as necessary.

In addition, students and parents of 5th and 6th grade students can monitor their attendance and grades through the PowerSchool Student/Parent Portal.
Please note: If for some reason there are not enough students in grades K-6 opting for this learning experience, the virtual learning experience will resemble that of the 7-12 virtual (Digital Synchronous) learning experience.

The grades 7-12 Digital Synchronous (Virtual) Learning Experience will consist of an online learning experience where students interact at the same time and in the same digital space as students in the physical setting of a classroom. Students will attend the same schedule of classes via a remote location instead of attending class in person. The live remote learning sessions will be utilizing the Google Classroom Learning Management System (LMS).

Students selected courses for their 2020-21 schedule during Spring 2020. Secondary schools have scheduled students in the same manner as they would for any school year. Each virtual student will follow their schedule on the same bell-schedule as a traditional student. Just like the traditional student, a virtual student will experience passing periods and a 30-minute lunch time. Students will log into Google Classroom (LMS) to receive a live stream of each class for which they are enrolled. Students participating in this virtual experience will be able to ask questions and receive feedback from the teacher in real time.

Parents will be able to communicate with their student's virtual class teacher in the same way parents have access to the traditional school teacher – through email, phone calls and schedule meetings as necessary. In addition, students and parents can monitor their attendance and grades through the PowerSchool Student/Parent Portal.

A student may attend Prosser Career Center via the virtual or traditional setting as well. A student could also attend high school virtually but attend Prosser as a traditional student. Specific courses at Prosser will follow industry standards related to safety and personal protective equipment.

Closure of School(s) Due to COVID-19:
In the event school closure is needed, we will provide continuous learning through a Digital Synchronous Learning experience (virtual). Unlike last spring, students will be attending school on the same bell schedule as if they were attending school in the physical setting. There will be no days off during the week and students will be expected to log-in and attend each course/class level they are enrolled. A Non-Traditional Learning experience will apply for those who do not have internet access.

Athletics: All virtual students are eligible to play sports provided they are enrolled in a minimum of five (5) courses.
Reopening School COVID-19 Guidelines

The district will work with the local health department to assess factors such as the likelihood of COVID exposure to employees and students in the building, the number of cases in the community, and other factors that will determine a potential building closure.

If a closure is determined necessary, NAFCS will consult with the health department to determine the status of school activities, including extra-curricular activities, co-curricular activities, and before and after school programs.

Student pick-up plan: The School Corporation requires all parents and guardians to have pre-planned procedures in place to pick up their child from school on short notice. This plan is for the immediate protection of the individual child as well as the school community. This plan must be communicated to the child’s teacher and/or principal’s office.

Parent/Guardian contact information: Parents and guardians are asked to update their contact information while registering their student(s) for school. Accurate information is extremely important in the event that a student becomes ill at school or if a positive COVID-19 case is reported.

Daily Protocols: The district expects students and staff to follow these guidelines.

- Stay home if you are sick or feeling ill
  - Student attendance awards will be discouraged
- Students must wear a face covering (mask and/or face shield) at all times, unless appropriately socially distanced or activity based, as determined by the teacher and/or staff member.
  - Additional accommodations may need to be made for students based on their individual health plan.
- Students and staff will wash hands with more frequency. To increase handwashing frequency, additional time will be scheduled during the day to promote handwashing.
- Sneezing and coughing techniques will be reviewed and practiced.
- Social distancing (6-feet) will be practiced when possible.
- Traffic flow in buildings (right side of hallways) will help avoid unnecessary contact with others.
- Parents/guardians are highly encouraged to transport students to school by car.
- Students will reduce sharing of personal items.
- Student temperatures will be monitored randomly with touch-free thermometers. This will be done in classrooms and completed with the least amount of disruption and in consideration of social distancing as much as possible.

Safety Procedures: Changes in safety procedures are as follows:

- Safety drills (modified with social distancing)
- Health office and isolation space (increase in staffing)
  - Isolate students and staff if COVID-19 symptoms are present
    • Remove students/staff from building as soon as possible
Parents should have a plan in place for prompt pick up
Updated and accurate contact information needs to be on file in the office
- Increased virtual meetings and trainings
- Minimize adults traveling between buildings
- No hallway lockers until further notice

Symptoms Impacting Consideration for Exclusion from School:
Staff and/or students may be excluded from the building if they exhibit one or more of the following symptoms.

*These symptoms are separate from any condition you may have pre-existing or been previously treated. Example: If you have allergies and these symptoms are prevalent due to that condition, they may not apply.*

- Fever of 100.4 or greater
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore Throat
- New loss of taste or smell

Parents/guardians of student(s) who is sent home or excluded from school due to the above reasons should work with the building Principal for an alternative learning platform during the exclusionary period.

Student Temperature Monitoring:
- The health office at each school will randomly monitor student temperatures within a classroom.
- A student with a temperature below 100.4 will remain in class and continue their educational day.
- The Health staff will document the class checked using a class roster.
- A student(s) with a temperature at 100.4 or above will be discreetly removed from the classroom and isolated then,
  - The student’s temperature will be retaken in the isolation area. **If the temperature is below 100.4**
    - The student will be asked the medical questions from the symptoms assessment form and the parent will be notified of the temperature information with any potential symptoms. The decision of keeping the student at school will then be made.
  - If the temperature remains 100.4 or above the student will be asked the medical questions from the symptom assessment form.
• If the student answers “No” to all the assessment questions they will be sent home and may return if:
  ● They see a doctor and obtain medical certifications to return or
  ● They are fever free for at least 72 hours (3 days without the use of medication) and
    o No other COVID-19 symptoms have occurred in that 72 hours, and
    o No symptoms of COVID-19 in the past 10 calendar days. If symptoms occur, seek medical treatment.
• If the student answers “Yes” to one or more of the assessment questions they will be sent home and parents/guardians will be requested to seek medical treatment.

Parents should self-screen students prior to coming to school daily by taking their temperature and asking for any of the above listed symptoms.

**Staff Expectations:**
• When social distancing is unreasonable or unlikely then staff will be required to wear a face covering (face mask and/or face shield).
• Temperature monitoring on a daily basis (touch-free thermometers are used).
• If a staff member forgets their face mask and/or face shield, a mask will be provided.

**Staff Temperature Monitoring:**
• Staff will report to one of the designated building temperature monitors to have their temperature taken on a daily basis (touch-free thermometers are used). Employees need to wear a face mask and/or shield when their temperature is being checked.
  > Employees with a temperature below 100.4 will go to work as normal and the monitor will mark an “X” next to their name showing they had their temperature taken.
  > Employees with a temperature at 100.4 or above will be isolated and the following will occur:
    • The employee’s temperature will be retaken in 10 minutes. If the temperature is below 100.4, they will go to work as normal.
    • If the employee’s temperature is 100.4 or above, they will be asked if they are feeling ill and if they are experiencing any of the symptoms using the symptom assessment form.
• If the employee answers “No” to all the assessment questions they will be sent home and may return if:
  o They see a doctor and obtain medical certifications to return or
  o They are fever free for at least 72 hours (3 days without the use of medication) and
    ▪ No other COVID-19 symptoms have occurred in that 72 hours, and
    ▪ No symptoms of COVID-19 in the past 10 calendar days. If symptoms occur, seek medical treatment.
• If the employee answers “Yes” to one or more of the assessment questions, they will be sent home and may return only with medical certification
All symptom assessment surveys will be sent to the Human Resources department and will be maintained as confidential medical records.

**Changes to Normal Procedures:**
- Parent/guardian visits are not allowed unless by an appointment or for a scheduled case conference.
  > Parents/guardians will be required to wear a mask.
  > Parents/guardians will have their temperature taken.
- Volunteering in schools is suspended until further notice.
- PTO events and Open Houses are suspended, unless a virtual option is viable.
- Field trips are suspended, unless a virtual option is available.
- Board tours are suspended (Board members may schedule a meeting with Administration).
- Vendors will be contacted by their respective administrator to ensure compliance with new NAFCS procedures.

**Confirmed COVID-19 and Mitigation:**
- In the event of a confirmed case, virtual (Digital Synchronous Learning) or another alternative learning platform may be implemented.
- Parents and staff will receive communication if there is a confirmed case in the building in which they attend school or work. Identifying factors on any potential or verified positive cases, including student grade or staff position, will not be announced.
- NAFCS will contact Indiana Department of Education and the local health department in the event of a positive case.
- Deep cleaning will occur immediately following any confirmed case.
- In the event of a confirmed case, virtual or another alternative learning platform or non-traditional learning may be implemented.

**Confirmed COVID-19 Reporting:**
All parents and employees are **required** to report a positive COVID-19 case in their household. The district is required to report positive COVID-19 cases to State and Local authorities. To report a positive COVID-19 case you **must** email Mr. Bill Briscoe, Assistant to the Superintendent of Administration and Operations, at: bbriscoe@nafcs.org

**Social and Emotional Well-Being of Students:**
As the result of COVID-19 closure of schools, our teachers and staff will be faced with new challenges of helping students self-regulate and cope with the stress caused by the ongoing uncertainty of the pandemic. To support this new challenge, our counselors, social workers, behaviorists and mental health therapists will be available to assist students in dealing with their stress. In addition, social-emotional learning will become a focus of our counselor guidance lessons to start the school year.
Special Education Plan

All students will have the opportunity for in-person instruction or virtual/non-traditional options for 2020-2021 school year.

At this time, there has been no waiver of the requirement to convene the case conference committee annually to conduct the annual case review (“ACR”) consistent with the requirements of 511 IAC 7-42-5(a)(2). Additionally, the case conference committee will need to convene to review and revise the IEP periodically. Case conference committee meetings will be scheduled in accordance to the requirements of 511 IAC 7 at an agreed upon time with parents/guardians and required participants. Case conference committee meetings can be held in person (with appropriate distancing and safety measures), via phone, or virtually with the agreement of the parent/guardian.

Case Conference Committee meetings to review and revise the individual educational plan (“IEP”) will need to be scheduled and held to discuss and note:

- present level of functional and academic performance
- progress toward goals
  > instructional/related service delivery method (in-person or virtual/not-traditional)
- any adjustments to the frequency or duration of services
- any potential harmful effects
- medical needs
- considerations for COVID impact

Eligibility for IDEA: Students who fall within one or more specific categories of qualifying disabilities (i.e., autism, specific learning disability, speech or language impairment, emotional disability, traumatic brain injury, blind or low vision, deaf or hard of hearing, intellectual disability, deaf-blindness, multiple disabilities, orthopedic impairment, and other health impairments) and that student’s disability adversely affects educational performance.

Eligibility for Section 504: Students who have or had a physical or mental impairment that substantially limits a major life activity or regarded as such (major life activities include but are not limited to: walking, seeing, hearing, speaking, breathing, learning, concentrating, working, caring for oneself, and performing manual tasks).

NAFCS will follow our pre-referral process to review and respond to requests for evaluations within 10 instructional days (pursuant to 511 IAC 7-40-4 (d, e).

Requirements and timelines for evaluations remain unchanged. Evaluations will be conducted in person (with appropriate distancing and safety measures) or may be conducted virtually if the school psychologist has been appropriately trained in conducting virtual assessments and have access to the digital assessments.
Homebound services for a student with a disability who is absent for an extended period of time (generally more than 10 consecutive school days) is considered a change of placement and possible changes the student’s IEP or 504 Plan. NAFCS will make homebound considerations through the Case Conference Committee or 504 Committee. Homebound considerations can include virtual/on-line formats, other non-traditional options, or possible person-to-person instruction. In consideration of person-to-person instruction, school personnel should follow health guidelines to assess and reduce the risk of transmission in the provision of service.

**Use of Homebound Not Related to COVID-19**
As schools reopen, students who were receiving services in a homebound placement pursuant to their IEP will remain in that placement until the Case Conference Committee (or 504 committee) determines that a different placement is appropriate. Whether the location of the homebound services identified in the student’s IEP is in the student’s home or an out-of-school location other than the student’s home, NAFCS will follow appropriate health guidelines to assess and reduce the risk of transmission of COVID-19 (511 IAC 7-42-11).

**Homebound Timelines**
The Case Conference Committee (or 504 committee) will reconvene at least every 60 instructional days when a student is receiving services in a homebound setting per 511 IAC 7-42-5(a)(7). Changes to the IEP related to a safer service delivery method during school closures and re-entry may be considered by the Case Conference Committee at these 60 day reconvenes per 511 IAC 7-42-11.

COVID-19 impact service considerations will be discussed through a case conference based on individual need determination. The case conference committee will lead a discussion of the educational needs of the student, including the potential loss of skills. Based on these individual needs, the case conference committee may consider the appropriateness of collecting data for an agreed-upon time following the student’s return to school and subsequently reconvening to discuss the need for future services at that time.
Food Services Plan

Service Styles & Menu: To facilitate social distancing among students in all buildings, grade levels, and learning environments, we are implementing six meal service models for breakfast, lunch, and after-school snacks:

- Classroom Service / Classroom Dining
- Cafeteria Service / Classroom Dining
- Cafeteria Service / Cafeteria Dining
- Cafeteria Service / Cafeteria Dining + Expanded Dining Areas (gyms, auditoriums, commons, patios, etc.)
- Cafeteria Service + Mobile Kiosks / Cafeteria Dining + Expanded Dining Areas
- Drive-Thru Take Home Meals (for Virtual Students only)

Unfortunately, one model will not work for all schools, but meetings with each principal and Director of Facilities will be held to develop a plan that works best for each facility’s layout.

Menus will be simple, mobile, and flexible – along with a shorter menu cycle. A limited number of daily entrees and sides items will be necessary to reduce complexity with most of the meal components packaged individually. Packaged items will be durable for student transport – both spill and leak resistant for quick and easy grab-n-go service. All self-service items, such as salad bars, sauce stations, and condiment bars, will be closed. Limited a la carte items will be available in the secondary schools.

Principals will be charged with developing and implementing measures to decrease student congregation in the serving and dining areas. Plans will include:

- Determining dining locations, arrangement of dining tables, and seating arrangements to provide appropriate spacing
- Scheduling staff members to monitor student movement while in the serving and dining areas
- Developing a breakfast schedule coordinated with the opening of school buildings and bus arrival, with appropriate supervision
- Developing lunch schedules that will allow for longer lunch periods with the staggering of students’ arrival to and from the cafeteria as well as appropriate staff supervision for each lunch period

Touchless Services: To minimize cross-contamination, two new programs will be initiated for the 2020-2021 school year:

1. “Cashless” transactions during meal services: Funds for meal accounts can be applied to students’ accounts electronically via MyPaymentsPlus or by depositing checks or cash (in marked envelopes) in the school Meal Payment Box located at the entrance of each school.

2. Individualized customer “Bar Codes” will be scanned to identify the customer and access their personal meal accounts rather than our current pin pads and biometric readers. Bar codes will be placed on student ID cards or placed on student smart
phones. The same bar code will be utilized by Food & Nutrition Services, Transportation, and Media Services.

**Sanitation:** Food & Nutrition Services contracts with SMART Systems®, a food safety and sanitation company, to provide the district a standardized program that includes staff training, standardization of procedures, chemicals and supplies, documentation of results, as well as HACCP and OSHA training and compliance verification (audit inspections). A Germicidal Detergent (disinfectant) that kills bacteria and virus on contact is used to clean all food contact surfaces as well as the student dining room tables. School serving lines and dining room tables will be disinfected between lunch periods by a combination of Food & Nutrition employees, dining room monitors and/or FMS staff depending on location.

In addition to our regular, rigorous sanitation procedures, a designated Food & Nutrition employee will wipe down high contact areas (doorknobs, handles, etc.) every 3-4 hours.

**Drinking Water:** Only electric, no-touch water bottle fillers will be utilized. All water fountains will be shut down and/or converted to bottle fillers for student/staff access.

**Other Safety Items:**
- Students and staff will be encouraged to wash hands or use hand sanitizer before entering the food serving lines.
- Students will be instructed and monitored to social distance while in the serving line and dining rooms.
- Medically fragile students will be evaluated to determine if separate dining areas will be necessary.
- Students will be instructed to not share food and/or beverages.

**Operation Changes:**
- 6-foot floor markers will be placed in each serving line.
- All “Share Table” programs will be discontinued.
Building/Facilities Plan

Cleaning & Disinfecting: NAFCS will utilize higher than normal levels of cleaning and disinfecting in our facilities on a daily basis. We will utilize an Environmental Protection Agency (“EPA”)-registered disinfectant designed to eliminate viruses from surfaces. Extra attention will be given to all high-touch areas, such as desks, doors, restrooms, etc. Those high-touch areas will be frequently cleaned and disinfected routinely during the day as well.

Classroom Ventilation: Each day before the arrival of students, we will ventilate classrooms. While students are present, we will continue to bring fresh air into classrooms so that classroom air is exchanged at a minimum of every 30 minutes.

Facility Use: Use of our facilities by outside groups or organizations will be limited. If use should be approved, the group or organization is expected to operate in a manner that minimizes the risk of the transmission of COVID-19.

Safety Drills: We will continue to perform safety drills. Fire, man-made (intruder), tornado, and bus evacuation drills will be modified to comply with social distancing requirements.

School Safety Plan: All school safety plans will be updated to include changes made in this document. All safety plans will be reviewed in accordance with Indiana code.

Car Rider Plans: Working with law enforcement, car rider pick-up and drop-off plans will be reviewed to promote social distancing and mitigate potential backups on public streets.
**Transportation Plan**

Bus drivers will follow the recommendations below:

- Drivers are required to wear face masks.
- Students are highly recommended to wear masks.
- Seating charts will be required.
- Windows should be open (when possible and appropriate).
- Seats and handrails will be wiped/sprayed down with disinfectant before and after every ride (when possible).

**Bus Routes:** Student pick-ups and drop-offs are subject to change based on ridership.

**NAFCS Bus Drivers COVID-19 Training:** Drivers will receive training as recommended by the IDOE related to COVID-19 for the 2020-2021 school year.
**Athletics Plan**

NAFCS will follow the guidelines from the IDOE and the Indiana High School Athletic Association (IHSAA). Fall sports will begin on Monday, August 3rd. Below are the guidelines that our schools will be following:

- All students and staff will be trained to look for signs/symptoms of COVID-19 prior to participating in workouts, rehearsals, or practices.
  > Any person with COVID-19-related symptoms should not be allowed to take part in workouts, rehearsals, or practices and should contact his or her primary care provider or other appropriate healthcare professional.

- The sports department will follow the NAFCS plan, detailed in earlier in this document under “Reopening School COVID-19 Guidelines,” if there is a person who tests positive for COVID-19.
  > Coaches must track COVID-19 impacted attendance and report to district/school administration.
## IHSAA Sports Guidelines

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<th>School Facilities</th>
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<th>August 15th</th>
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<tr>
<th>Individual Athlete Participation</th>
<th>FALL SPORTS PRACTICES BEGIN. NORMAL IHSAA RULES AND REGULATIONS</th>
<th>FALL SPORTS COMPETITIONS BEGIN</th>
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<tr>
<th>Face Coverings</th>
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<th>People allowed to be in attendance</th>
<th>Essential Personnel ONLY - No Parents, Spectators, Etc.</th>
<th>Spectators, media, and vendors can be present but should implement social distancing.</th>
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<th>Alternate Command Structure</th>
<th>Command Structure for Coaching Staff should be established in case of illness.</th>
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<tr>
<th>2020-21 Athletic Physical Status</th>
<th>All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/Release Certificate on file.</th>
<th>All athletes must have a valid 2020-21 IHSAA Physical on file or a valid 2019-20 IHSAA Physical and the IHSAA Health History Update Questionnaire and Consent/Release Certificate on file.</th>
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<thead>
<tr>
<th>Attendance</th>
<th>Attendance must be taken.</th>
<th>Attendance must be taken.</th>
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<thead>
<tr>
<th>COVID-19 SYMPTOMS</th>
<th>Any person with symptoms is referred to his or her primary care provider and not allowed to participate.</th>
<th>Any person with symptoms is referred to his or her primary care provider and not allowed to participate.</th>
</tr>
</thead>
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<thead>
<tr>
<th>Locker Rooms</th>
<th>Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended.</th>
<th>Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended. <em>If the restriction to 50 percent capacity at competitive events creates a hardship and impacts the hygiene or safety of students, a 50 percent or greater capacity is allowed.</em></th>
</tr>
</thead>
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<thead>
<tr>
<th>Gathering Sizes</th>
<th>Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc.)</th>
<th>Decreased as much as possible to reduce risk - Larger than 50% Capacity in large areas is allowed if needed.</th>
</tr>
</thead>
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<tr>
<th>Equipment</th>
<th>If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.</th>
<th>If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage.</th>
</tr>
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</table>
## IHSAA Sports Guidelines Cont’d.

<table>
<thead>
<tr>
<th>Student-Athlete Responsibility</th>
<th>August 3rd thru 14th</th>
<th>August 15th</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Students are expected to shower at school or home, wash workout clothing immediately after, and wash hands for a minimum of 20 seconds.</td>
<td>Students are expected to shower at school or home, wash workout clothing immediately after, and wash hands for a minimum of 20 seconds.</td>
</tr>
<tr>
<td>Weightlifting</td>
<td>Free weight exercises requiring a spotter CAN be conducted.</td>
<td>Free weight exercises requiring a spotter CAN be conducted.</td>
</tr>
<tr>
<td>Contact Sports</td>
<td>CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association</td>
<td>CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association</td>
</tr>
<tr>
<td>Hydration Stations</td>
<td>No use of shared Hydration Stations - Personal Water Bottles only!</td>
<td>No use of shared Hydration Stations - Personal Water Bottles only!</td>
</tr>
<tr>
<td>Competition</td>
<td>NO FORMAL COMPETITION - Exception Girls Golf. (Formal Competition is considered an in-season contest.)</td>
<td>FORMAL COMPETITION BEGINS</td>
</tr>
<tr>
<td>Facility Maintenance</td>
<td>Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.</td>
<td>Cleaning Schedules should be created and implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.</td>
</tr>
<tr>
<td>Individual Athlete Gear and Equipment</td>
<td>NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC.</td>
<td>NO SHARING OF CLOTHING, SHOES, TOWELS, WATER BOTTLES, ETC.</td>
</tr>
<tr>
<td>Appropriate Clothing</td>
<td>All Athletes should wear appropriate clothing, shoes, etc. at all times! Shirts are required at ALL times.</td>
<td>All Athletes should wear appropriate clothing, shoes, etc. at all times! Shirts are required at ALL times.</td>
</tr>
<tr>
<td>Celebratory and Sportsmanship Acts involving Contact</td>
<td>PROHIBITED</td>
<td>MODIFIED SPORTSMANSHIP PRACTICES SHOULD BE OBSERVED</td>
</tr>
</tbody>
</table>
References

This document was created through a combination of original resources created by Indiana state agencies and plan outlines created by other states. Additionally, development relied heavily on materials developed from the following documents:

- IHSAA: COVID-19 Guidelines
- In-Class: COVID-19 Health and Safety Re-entry Guidance
- KDE’s COVID-19 Reopening Resources.
- Nashville Plan: Framework for a Safe, Efficient, and Equitable Return to School
# APPENDIX A

## NAFCS Reopening Document Change Log

<table>
<thead>
<tr>
<th>Date</th>
<th>Page Number</th>
<th>Original Language</th>
<th>Updated Language</th>
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