



food&nutritionservices

NEW ALBANY FLOYD COUNTY CONSOLIDATED SCHOOL CORPORATION

2801 Grant Line Road - New Albany, IN 47150 - (812)542-4703 - www.NAFCSnutrition.com

Dear Parent or Guardian,

Welcome to New Albany Floyd County Consolidated School Corporation (NAFCS) Food & Nutrition department, where good nutrition and learning go hand in hand!

To ensure a smooth start to the new 2019/2020 school year, we've enclosed a few details regarding our services. For more information please visit our website: www.NAFCSnutrition.com

MEAL COSTS:

MEAL PRICES 2019 – 2020		
<i>Students</i>	<u>Breakfast</u>	<u>Lunch</u>
Elementary	\$1.80	\$2.70
Secondary	\$1.80	\$2.80
Reduced-Price	.30¢	.40¢
Adults	\$2.30	\$3.65

In addition to meals, a la carte items are available for purchase at most schools
Please Note: Students enrolled at Fairmont, Green Valley, and S. Ellen Jones Elementary School are eligible for free breakfast and lunch daily (see CEP).

MEAL & TEXTBOOK ASSISTANCE:

To apply for "Meal & Textbook Assistance" simply visit our website: www.NAFCSnutrition.com and click on the following link:



MYPAYMENTSPLUS:

All parents are **REQUIRED** to open and maintain a MyPaymentsPlus account to monitor and manage their child's meal account. Please go to www.MyPaymentsPlus.com -- accessible 24/7. We understand that every parent has enough to worry about; staying in the loop with their student's meal account should be simple. MyPaymentsPlus streamlines the process allowing you to conveniently pay for school meals, view cafeteria purchases, receive low balance alerts, or enroll in autopay. It is the responsibility of the parents to monitor lunch account balances and have funds available for their child's meal purchases. Student ID numbers are needed to create an account. Visit the Apple App Store or Google Play Store for their mobile app. Best of all, creating a MyPaymentsPlus account is simple and absolutely **free!**

This institution is an equal opportunity provider

PAYING FOR MEALS:

Online: Use your MyPaymentsPlus account

Check: Make checks payable to the school cafeteria. Checks must include: student name, student ID number, current address and phone number.

Cash: Send cash in an envelope marked clearly with student name and ID number.

Cash and check deposits must be placed in the locked collection box in the school office or cafeteria by 9:00 am to be available for lunch purchases.

MENUS:

All information is available at www.nafcsnutrition.com. You can register to have them automatically emailed to you each month. At NAFCS, breakfast and lunch are both served in all schools. For your convenience, **Breakfast is available in all NAFC Schools 30 minutes prior to the start of each school day!**

COMMUNITY ELIGIBILITY PROGRAM (CEP):

Fairmont, Green Valley, and S. Ellen Jones Elementary schools are currently enrolled in CEP. CEP is a federal program that provides the students enrolled in these schools a free breakfast and lunch daily.

SPECIAL DIET CONCERNS:

If your child has a medical condition requiring dietary restrictions, please complete a "Special Diet Request Form". Forms must be completed by a licensed physician based on the child's clinical diagnosis and medical condition which requires dietary modifications. Special Diet Request Forms must be updated at the beginning of each new school year.

Students with Lactose Intolerance or a Non-Life Threatening Milk Allergy can request a substitute by completing a "Fluid-Milk Substitute Request Form."

All forms can be accessed at our website. Forms must be signed and submitted to the school nurse, who will forward it to the school's Food & Nutrition Manager. Meal pricing is not affected by dietary modifications.

MEAL CHARGE POLICY: Go to www.NAFCSnutrition.com for full details of the "Charge Policy".

Students must have a positive account balance to purchase meals and a la carte items. Students are expected to pay daily or in advance for all food purchase. We recognize that on rare occasion, students may forget to bring money to school for meals. Charging can be embarrassing to the students. Unpaid debts are disallowed by Federal School Nutrition Program Regulations; accordingly, unpaid debts must be collected and paid to the School Food & Nutrition Program. An "Emergency Meal" is necessary when a student wants a meal but does not have money to pay for it. Please refer to the Meal Charge Policy for details on access to Emergency Meals.

REFUNDS:

Money will only be refunded from accounts to parents upon written request. Go to www.NAFCSnutrition.com for guidelines. Print the "Refund Meal Account" form and submit to the school Food & Nutrition Manager.

WELLNESS POLICY:

NAFCS's Wellness Policy outlines the district's goals for nutrition standards, nutrition education, physical activity, and other school based activities to help promote student wellness. To read the full details of the policy, go to <http://www.neola.com/naafc-in/>. Type "wellness" in the search bar and click "Find it!" then select 8510-WELLNESS.

PRIVACY:

We respect the privacy of our students. All students will be charged the appropriate amount for meals based on Free, Reduced or Full-Pay status. No student will have to identify his or her meal status to the cashier.

This institution is an equal opportunity provider

OFFER vs SERVE:

We are proud to provide a variety of affordable and appealing foods that meet the health and nutrition needs of students. Menus are planned around five components (food groups):



We offer **“Five Star Meals”** that utilize a USDA program called "Offer versus Serve" (OVS). While the most nutritious and complete lunch contains all five components, we understand that sometimes your child does not want all the items. OVS allows students to choose only the foods they want to eat to help improve customer satisfaction as well as reduce waste. USDA requires that for a complete lunch, your child must select three stars, and **at least one star must be a Vegetable or a Fruit.**



Breakfast choices include 3 stars and **one food item must be a fruit or vegetable.**

Meal or No Meal? Don't Go Hungry

Are you a Nutrition Value Shopper? **“Five Star Meals”** are designed to give you the most nutrition for the best price! Each **“Five Star Meal”** MUST contain at least 1 fruit or vegetable side.

Per Federal Guidelines: Meals Without a fruit or veggie will be priced a la carte.

Elementary Student Lunch includes: 1 entrée, and up to 3 different fruit or veggie sides, plus a milk!
 Secondary Student Lunch includes: 1 entrée, and up to 4 different fruit or veggie sides, plus a milk!

Here are some meal samples to help explain the meal components and difference between a la carte purchases and **“Five Star Meal”** lunch purchases.



NO MEAL! \$2.75

Entree \$2.75



NO MEAL! \$3.30

Entree \$2.75
 Milk .60¢



NO MEAL! \$4.10

Entree \$2.75
 Milk .60¢
 Roll .75¢

All of the above meal options must be sold at a la carte pricing because they do not have a fruit or vegetable



“FIVE STAR” MEAL !

Elementary: \$2.70
 Secondary: \$2.80
 Entrée, Milk, Roll,
 and 1 Veg Side



“FIVE STAR” MEAL !

Elementary: \$2.70
 Secondary: \$2.80
 Entrée, Milk, Roll,
 And 2 Veg Sides



BEST DEAL

“FIVE STAR” MEAL !

Elementary: \$2.70
 Secondary: \$2.80
 Entrée, Milk, Roll,
 2 Veg Sides and 2 Fruit Sides